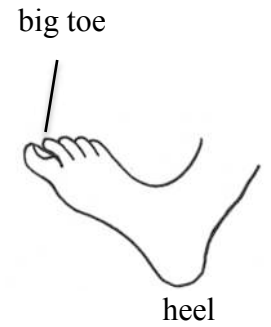
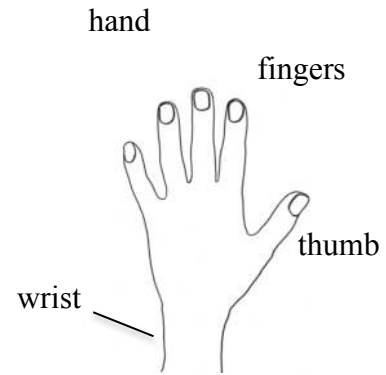
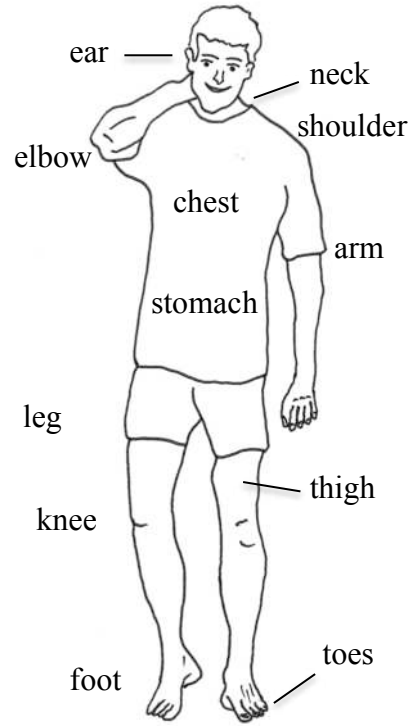
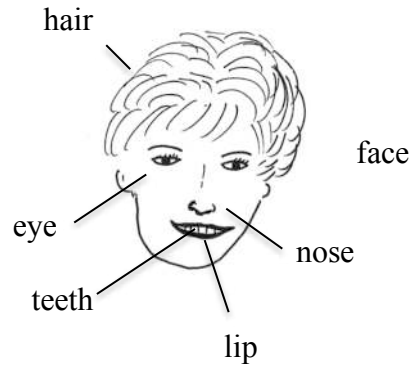


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# Body and Health



# Body and Health

|           |                |
|-----------|----------------|
| body      | Körper         |
| head      | Kopf           |
| eye       | Auge           |
| to see    | sehen          |
| tear      | Träne          |
| to cry    | weinen         |
| nose      | Nase           |
| to smell  | riechen        |
| ear       | Ohr            |
| to hear   | hören          |
| to listen | zuhören        |
| lip       | Lippe          |
| mouth     | Mund           |
| tooth     | Zahn           |
| to speak  | sprechen       |
| voice     | Stimme         |
| beard     | Bart           |
| face      | Gesicht        |
| freckles  | Sommersprossen |
| hair      | Haar, Haare    |

|          |              |
|----------|--------------|
| neck     | Hals         |
| throat   | Kehle        |
| shoulder | Schulter     |
| muscle   | Muskel       |
| chest    | Brust(-korb) |
| arm      | Arm          |
| heart    | Herz         |
| hand     | Hand         |
| finger   | Finger       |
| thumb    | Daumen       |
| elbow    | Ellbogen     |
| wrist    | Handgelenk   |
| fist     | Faust        |
| stomach  | Magen, Bauch |
| belly    | Bauch        |
| leg      | Bein         |
| knee     | Knie         |
| heel     | Ferse        |
| toe      | Zehe         |
| foot     | Fuß          |

|             |                            |
|-------------|----------------------------|
| thigh       | Oberschenkel               |
| nerve       | Nerv                       |
| skin        | Haut                       |
| figure      | Figur,<br>Körperbau        |
| cell        | Zelle                      |
| DNA         | DNS                        |
| bone        | Knochen                    |
| sense       | Gespür,<br>Gefühl          |
| breath      | Atem(-zug)                 |
| circulation | Kreislauf,<br>Durchblutung |
| growth      | Wachstum                   |
| memory      | Gedächtnis                 |
| to sleep    | schlafen                   |
| to yawn     | gähnen                     |
| strength    | Stärke, Kraft              |

## word families:

to smell · *smell*  
 to speak · *speech*  
 to breathe · *breath* ·  
 breathless  
 to circulate · *circulation*  
 to grow · *growth*  
 to sleep · *sleep*  
 to strengthen · *strength* ·  
 strong

## opposites:

to cry ↔ to laugh  
 to sleep ↔ to wake up  
 strength ↔ weakness

## irregular verbs:

to see · saw · seen  
 to cry · cried · cried  
 to grow · grew · grown  
 to hear · heard · heard  
 to speak · spoke · spoken  
 to sleep · slept · slept

## irregular plurals:

foot · feet  
 tooth · teeth

**Beispielsätze:** Annie cried when Arsenal lost the match. You could see the tears in her eyes. But Owen soon made her laugh again.

I don't feel well. I have a pain in my stomach (knee, shoulder, arm,...).

She has cute freckles on her nose. I think they make her look very young.

When you make a cake, it always smells lovely in the kitchen.

# Body and Health

|                  |                      |
|------------------|----------------------|
| <b>state</b>     | Zustand              |
| healthy          | gesund               |
| bruised          | mit blauen Flecken   |
| ill              | krank                |
| fat              | dick, fett           |
| skinny           | sehr dünn            |
| overweight       | übergewichtig        |
| good-looking     | gutaussehend         |
| injured          | verletzt             |
| pale             | bleich, blass        |
| dizzy            | schwindelig          |
| sick             | krank                |
| sober            | nüchtern             |
| wrinkled         | runzlig, faltig      |
| absent-minded    | zerstreut            |
| awake            | wach                 |
| alert            | wach, munter         |
| stiff            | steif                |
| to get a sunburn | Sonnenbrand bekommen |



|                             |                   |
|-----------------------------|-------------------|
| <b>disorders / diseases</b> | Krankheiten       |
| headache                    | Kopfschmerzen     |
| exhaustion                  | Erschöpfung       |
| agony                       | Qual              |
| pain                        | Schmerz           |
| fever                       | Fieber            |
| shock                       | Schock            |
| coma                        | Koma              |
| to collapse                 | zusammenbrechen   |
| to faint                    | ohnmächtig werden |
| to hurt                     | weh tun           |
| emergency                   | Notfall           |
| to shiver                   | zittern           |
| to sneeze                   | niesen            |
| cancer                      | Krebs             |
| diarrhoea                   | Durchfall         |
| malaria                     | Malaria           |
| smallpox                    | Pocken            |
| flu                         | Grippe            |

## word families:

to heal · *health* · healthy  
 to bruise · *bruise* · bruised  
*illness* · ill  
 to weigh · *weight* ·  
 overweight  
 to injure · *injury* · injured  
 to wrinkle · *wrinkle* ·  
 wrinkled  
*sunburn* · sunburnt  
 to shiver · *shiver* · shivering

## opposites:

healthy ↔ unhealthy, ill, sick  
 fat ↔ thin  
 overweight ↔ underweight  
 sober ↔ drunk  
 stiff ↔ relaxed  
 absent-minded ↔ alert  
 awake ↔ sleepy

## irregular verbs:

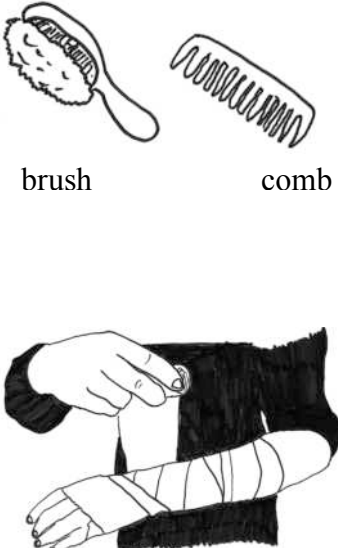
to hurt · hurt · hurt

**Beispielsätze:** Eating vegetables is very healthy. It prevents illness, a lot of experts say.

Miranda says she feels dizzy. She looks pale, too. I hope she is not going to faint. Maybe she is ill. She should see a doctor, I think.

It's hard to concentrate when you have a headache or some other form of pain.

# Body and Health

|                  |   |  |            |                |
|------------------|---|--|------------|----------------|
| <b>treatment</b> | <b>Behandlung</b>                                 |  <p>brush                      comb</p> <p>bandage</p> | life       | Leben          |
| medicine         | Medizin   |  | corpse     | Leiche         |
| bandage          | Verband   |  | survival   | Überleben      |
| to vaccinate     | impfen  |  | to be born | geboren werden |
| to rescue        | retten, bergen                                    |  | to exist   | existieren     |
| surgery          | Arztpraxis, Behandlungsraum, Chirurgie, Operation |  | death      | Tod            |
| waiting room     | Wartezimmer                                       |  | to die     | sterben        |
| ambulance        | Krankenwagen                                      |  | cosmetics  | Kosmetika      |
| hospital         | Krankenhaus                                       |  | to wash    | waschen        |
| to X-ray         | röntgen   |  | to brush   | bürsten        |
| to recover       | sich erholen                                      | to comb  | kämmen     |                |
| diet             | Diät  | to bathe   | baden      |                |
| to examine       | untersuchen                                       | soap   | Seife      |                |
|                  |   | mirror   | Spiegel    |                |
|                  |   | to look at   | anschauen  |                |
|                  |   | to stare   | starren    |                |

## word families:

to vaccinate · *vaccination*  
 to rescue · *rescue*  
 to recover · *recovery*  
 to examine · *examination*  
 to live · *life* · lively  
 to survive · *survival*  
 to exist · *existence*  
 to die · *death*  
 to bathe · *bath*

## irregular verbs:

to die · died · died

## irregular plurals:

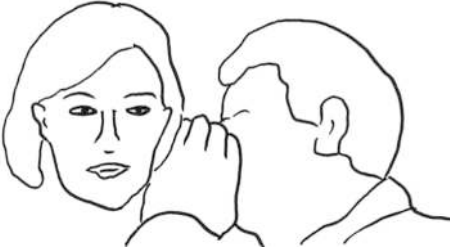

life · lives

**Beispielsätze:** Were you vaccinated against hepatitis when you went on holiday to India?

The ambulance took the injured man to hospital. There he was thoroughly examined and X-rayed. Nothing was broken. He is already recovering from his injuries.

She looked at herself in the mirror, combed and brushed her long hair, and put her make-up on.

# Body and Health

|                    |                    |   |                 |                                     |
|--------------------|--------------------|---|-----------------|-------------------------------------|
| to sit             | sitzen             |  <p>to whisper</p><br> <p>to smell</p> | to be           | sein                                |
| to stand           | stehen             |   | to care for     | betreuen, sich kümmern um           |
| to imagine         | sich vorstellen    |   | to care about   | Zuneigung empfinden, wichtig nehmen |
| to think           | denken             |   | to take care of | sich kümmern um                     |
| to worry           | sich Sorgen machen |   | to say          | sagen                               |
| to smell           | riechen            |   | to whisper      | flüstern                            |
| to touch           | berühren           |   | to shout        | schreien                            |
| to miss            | vermissen, fehlen  |   | to yell         | brüllen                             |
| to stretch         | dehnen             |   | to scream       | schreien                            |
| to fall            | fallen             |   | to sigh         | seufzen                             |
| to look forward to | sich freuen auf    |   | fresh           | frisch                              |
| to step            | treten, schreiten  |   | hard            | hart, schwierig                     |
| to walk            | gehen              |   | confident       | selbstsicher, zuversichtlich        |
| to move            | sich bewegen       |   | essential       | wesentlich, wichtig                 |
| to run             | rennen             |   |                 |                                     |
| to go              | gehen              |   |                 |                                     |

**word families:**  
to imagine · *imagination*  
to think · *thought*  
to worry · *worry* · worried  
to smell · *smell* · smelly  
to miss · *missing*  
to move · *move* · moving  
to care · *care* · caring  
to scream · *scream* · screaming  
*confidence* · confident  
*essence* · essential

**opposites:**  
death ↔ life  
to die ↔ to live

**irregular verbs:**  
to sit · sat · sat  
to stand · stood · stood  
to think · thought · thought  
to fall · fell · fallen  
to run · ran · run  
to go · went · gone  
to be · was · been  
to say · said · said

**Beispielsätze:** Imagine winning the lottery! That would be really great!  
Well, I don't miss anything and am quite happy as long as I stay healthy and fit.  
It is very important to move, do sports, eat healthy food, and take care of your body.  
I really look forward to running a marathon next year.